



MISSION
HELPING HANDS

Let's do good together.

@missionhelpinghandsLI



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Hopefully, 2021 finds all of you healthy and well. The events we had planned for 2020 had to be pushed back a year until our medical community could get this horrible pandemic under control. As usual, they've done incredible work under dangerous conditions in a very short time.

Our foundation Mission helping Hands is looking to raise awareness and, hopefully, funding for some incredibly worthwhile causes. Every one of us has been touched in some way by one or more of the causes we are looking to help in 2021. We have five different events planned with articles on each charity included in this edition. I don't like to pat myself on the back, but I have assembled a group of individuals from Meadowbrook Financial Mortgage Bankers Corp. to form Mission Helping Hands, and their desire to make a difference is second to none. Each will be introduced

along with their charities of choice. After a year like we've just had, I'm so incredibly grateful that my family and I have come away unscathed. I know many of you had COVID and came through OK. There are many that did not, so many lives lost, and many more destroyed. Many charitable groups that do so much good in the areas of mental health, addiction, broken families, and so much more were terribly impacted. Many small businesses closed forever. Now, more than ever, is a time when those of us who have been so blessed and fortunate reach out to those in need. Our 2021 fundraisers and events touch on many of these areas so desperately in need of assistance.

We begin on June 19th with a 24-hour run from 9am-9am, ending on June 20th, Lisa and Jeff will be spearheading this event for the benefit of an old friend, The Hance Family Foundation, and a new one,

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James Flaherty



Lisa Farrell



Jeff Behounek



Lynne Bertoldo



John Flaherty



Tori Farrell & Gia Lynch

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The Retreat, which is a safe haven for families in crisis involving Domestic Violence and Sexual Assault.

On July 10th, I will be swimming from the Statue of Liberty to Battery Park to raise money for a little known, yet growing problem. As autistic children grow into adulthood the services and help for the autistic adult and aging parents greatly diminish. I have many friends experiencing this now, two of them Anthony Crasto and Jim Cronin are very involved in helping to improve a crisis in the making.

In September, Lynne and I are hosting a fundraiser in Freeport for another old friend: The Nassau County Veterans Stand Down event. This will be a fun day with live music raising money and awareness for those that served and have fallen on hard times.

As Fall is upon us, John will be organizing a Pub crawl on Bell Boulevard to benefit the Cawley Foundation in honor of Firefighter Michael Cawley who lost his life 20 years ago on 9/11. At the same time, we can support some of the businesses that were completely shut down and could use our help.

Our final event will be a golf outing organized by Victoria and Gia to benefit a scourge that is tearing all of us apart. They are raising money for the Herren Project, involving the support for treatment, recovery, & prevention of substance use disorder. The drug epidemic has touched us all in some way.

Please take the time to read about each charity, and like I've said before, give what you can or send an encouraging text or email. Cash is tight for so many, take care of your own needs first. Thank you and God bless.



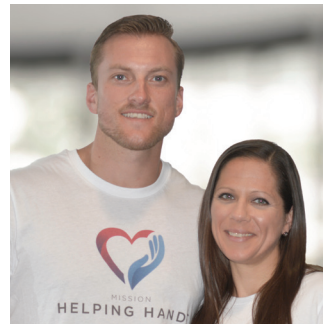
James Flaherty



BENEFITING THE HANCE FOUNDATION

hancefamilyfoundation.org

Hi, my name is Lisa Farrell. After a few years of participating in charity runs for multiple organizations, I was approached by Mission Helping Hands Director, James Flaherty to join the team.



I am excited to announce our first annual **24 hour Run which will be held on June 19th** at Floral Park Memorial High School. The donations raised from this event will help benefit The Hance Family Foundation and the Retreat of East Hampton.

Created in 2009, The Hance Family Foundation was started by Warren & Jackie Hance in honor of their three beautiful daughters that they lost in a tragic accident. ”

Through their sorrow came an organization that's mission is to empower women and girls of all ages with their many programs.

They started locally, but knew their work was important for all communities and developed "Self Esteem Rising" which launched them to a national level, helping women and girls throughout the country. Please visit their website www.hancefamilyfoundation.org for additional information. My colleague Jeff will now tell you about the event's other charity, The Retreat.



HANCE FAMILY FOUNDATION

BENEFITING THE RETREAT

www.theretreatinc.org

My Name is Jeffrey Behounek and I am a branch manager for Meadowbrook Financial Mortgage Bankers Corp. This past year has been extremely hard on

families throughout the world. On top of the financial and health issues that arose from the pandemic, there have been other things on the rise in the darkest corners of our society. Domestic Violence right now in our local communities is increasing at an astonishing rate. Most of us know someone that has been a victim of domestic violence and the pandemic has made things significantly worse, confining people within their homes, forcing direct contact with their abusers. The Retreat of East Hampton is on the front lines working to combat these horrific tales.

The Retreat's mission is to provide safety, shelter, and support for victims of domestic abuse and to break the cycle of family violence. ”

In pursuit of that mission, The Retreat provides direct services to victims of domestic violence and sexual assault, their families, and the Eastern Long Island community through a 24-hour bilingual hot-line, counseling, legal advocacy, prevention education, & emergency shelter. Violence prevention education and other supportive programs are available in Nassau and Suffolk Counties. One hundred percent of donations and proceeds will go directly to The Hance Foundation, The Retreat of East Hampton, and event sponsoring.



BENEFITING THE INSTITUTE FOR EDUCATIONAL ACHIEVEMENT/ EDEN II PROGRAMS

www.eden2.org/the-genesis-school

As part of our Mission Helping Hands 2021 fundraising efforts, I will be doing a **swim on July 10th**. This is the 2nd event in a 5-part series of fundraisers for extremely deserving organizations. My event will be a 1.5 mile swim from the Statue of Liberty to Liberty State Park. I will be raising money in honor of Salvatore Crasto and the Institute for Educational Achievement along with Sean and Sheila Cronin and the Genesis School-Eden II Programs. Autism numbers are rising because we are diagnosing milder forms. This is reflected in the term "Autism Spectrum."

The bigger issues going forward will be the ability to care for the ever-increasing numbers of adults with severe cases. ”

The concern for many parents is what will happen to these adults when they're gone. This is a situation that needs to be addressed at many levels. I'm hoping to raise awareness and shed light on a potential disaster facing many families as they age. Every penny will go to the causes we are bringing an awareness to. As always, thank you for all you do.



BENEFITING VETERAN SUPPORTIVE STAND DOWN EVENTS

(Disabled/Homeless
Veteran Support)

Mission Helping Hands has partnered with Veteran organizations in Nassau County to help provide assistance to our local Veterans. We are asking local businesses and community leaders to help with donation funding for this important cause. Through the donations received, Veterans

will be provided with new jackets, shoes, clothes and non-perishable foods. These items are essential in helping our less fortunate Veterans in Nassau County.

Nassau County is home to nearly 60,000 Veterans, and Mission Helping Hands is currently, as it has done in the past, providing direct assistance to our local Veterans by supporting the "Veterans Homeless Stand Down" event. This event is conducted in coordination with many Veteran groups and charitable non-profit organizations in the local area. The event is conducted twice per year at the Freeport Armory and is free of charge to all Veterans. The mission of the Veterans Stand Down event is to

Provide essential critical services to our less fortunate Veterans and to inform them of what services they are entitled to. ”

The Veterans Stand Down allows Veterans the opportunity to receive all services provided at one location free of charge. The services provided at the event are intended

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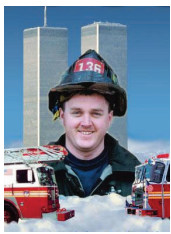
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to help, aid, and assist any Veteran in need.

On **September 18th**, at **Brew SA Brewery**, we will be hosting a fundraising event to help support this cause.

Live music, food, and soft drinks will be provided for one cover charge at the door. A cash bar will also be available if you would like to purchase alcoholic beverages.

Additionally, we will have raffle tickets available for purchase. Proceeds from this event will be donated to the Veterans Supportive Stand Down Events.



**BENEFITING
FIREFIGHTER
MICHAEL
J. CAWLEY
MEMORIAL
FOUNDATION**
ffmichaelcawley.org

On **October 2nd**, Mission Helping Hands will be hosting a **Pub crawl starting on Bell Boulevard** to benefit the Cawley Foundation in honor of Firefighter Michael Cawley who lost his life 20 years ago. All proceeds raised will benefit the Michael J. Cawley Memorial Foundation.

Michael Cawley was one of the 343 New York City firefighters that heroically lost their lives at the WTC on September 11th, 2001. The Firefighter Michael J. Cawley Memorial Foundation was established in early 2002 to honor and remember him.

Michael was someone who was always there to help those in need. The foundation has established 3 scholarships for the children of NYC Firefighters who wish to attend Archbishop Molloy HS. To date, over 57 students have been awarded Michael's scholarship. The foundation has also aided a camp for adults & children with special needs in Eusopus, NY, where Michael volunteered as a counselor. Ten campers every summer attend tuition-free, paid for through the foundation.

Other work the foundation has been involved in includes aid to FDNY families that were affected by Super Storm Sandy, helping first responders who have been diagnosed with

WTC related cancer, and providing support to FDNY family members with special needs.



**BENEFITING
THE HERREN
PROJECT**

www.herrenproject.org

My name is Victoria Farrell. This year on my 24th birthday I will be celebrating by giving back to a charity that is very meaningful to me, The Herren Project. They are an organization whose mission is to support, inspire, and empower those affected by substance use disorder. Their goal is to bring positive awareness to the disease of addiction.

**So far, they have provided
treatment placement
assistance to nearly 3,000
recovering addicts. ”**

Currently, the opioid epidemic is at a historic high with hundreds of people dying each year to an opioid related overdose. Throughout my entire life, addiction has affected my family in many ways. My aunt struggled for years with an opioid addiction and thankfully, with the help of Narcotics Anonymous and multiple rehabilitation stays, she is over 8 years clean and sober. Unfortunately, my cousin Amanda was not as lucky and lost a long battle to addiction in 2015, just a few weeks before her 21st birthday. Her death was one of the most influential events in my life. Ever since this day, I have spent my life trying to make her proud, honor her name, and do everything I can to make sure that nobody else will ever have to feel the pain my family felt. It has been difficult for me to find people who understand my pain and how serious the opioid epidemic truly is.

When I started working at Meadowbrook Financial, I met my best friend Alexis. Alexis and her family went through a similar situation with her brother Anthony, who lost his battle to addiction very young as well. At Mission Helping Hands we are committed to helping combat this disease by partnering with The Herren Project. On **October 14th**, Mission Helping Hands, Gia

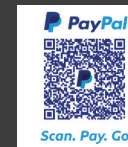
Lynch, and myself, will be hosting a **golf outing at North Hills Country Club** in honor of Amanda and Anthony, and all of the proceeds will be donated to The Herren Project in their memory. I thank everyone who decides to come and contribute.



Donate Today!

Please consider donating and understand no amount is too small. Every penny you donate will go directly to worthy organizations. All donations will be tax deductible as allowed by law.

**We accept donations
in the forms of:**
Check, Cash and
a variety of digital
payment methods.



**PayPal
venmo
gofundme**

Kindly make checks payable to:
Mission Helping Hands

Mail Checks to:
628 Concord Ave,
Williston Park, NY 11596
Attn: James Flaherty

Please do not mail cash!

Questions? Contact us today!
516.330.7791
info@missionhelpinghandsLI.org
www.missionhelpinghandsLI.org

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**Stay up to date with our 2021 fundraising
events calendar via Social Media!**

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